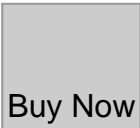




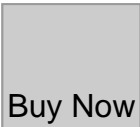
Enjoy blossoms to help you feel happy says charity

Description

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[Enjoy blossoms to help you feel happy says charity](#)

[Banzai Japan Music Video](#)

<https://www.youtube.com/watch?v=UPEImgQJGBo>

The National Trust is urging UK workers to “take a big blooming break” to enjoy the “mood-lifting” benefits of blossom, with more set to bloom as temperatures are forecast to reach 20C in some places.

The charity has predicted a more “typical” year for the annual blossom displays after they arrived earlier than normal last year.

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<https://www.youtube.com/watch?v=BJsGZL-zb54>

Blackthorn, cherry and plum trees are among the first to burst into flower as these photos taken across London by our readers show.

[Banzai Japan Music Video](#)

https://www.youtube.com/watch?v=3syHHGzkF_s

Polling by YouGov, for the National Trust, revealed 94% of people reported feeling happy when seeing blossom in the spring but only one in 10 UK workers spent their break outdoors in green spaces, or in nature for a walk or to sit among trees.

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<https://www.youtube.com/watch?v=RR8YYeb4PMk>

Banzai Japan Social Media



Fumi Fujisaki

Idol

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Riko Ueno

Idol



Rino Ibusuki

Idol



Yunagi Nino

Idol

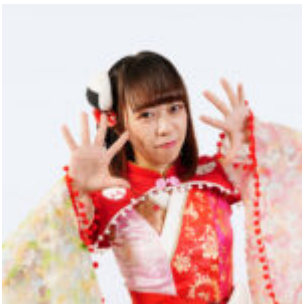
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Shiori Fujisaki

Idol



Kana Ichinose

Idol

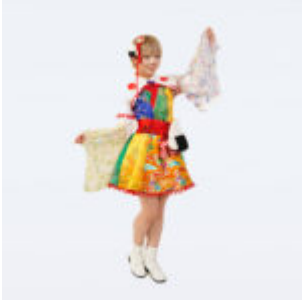


Hoshino Arice

Idol

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Sasa Sasagawa

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Kosaka Yuu

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Tsukumo Aira

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Maika Ando

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Yuuki Mochimaru

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1. England
2. Europe
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5. UK
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March 27, 2025

Author

admin